

8th Breast Health Days in the Mediterranean



A multidisciplinary approach in the era of Precision Medicine

13-14 | 09 | 2019

"N. Louros" Conference Center, MITERA Hospital
Athens, Greece

Registrations **10:00** Free Attendance

The meeting will be awarded with 11 credits of continuing medical education (CME)



Honorary Chairman:
Professor Rhadi Hamza

Organization:
Oncology Department MITERA
Breast Imaging Department MITERA
THE TRANSMEDITERRANEAN ASSOCIATION:
WOMAN AND BREAST CANCER (ASTARTÉ)



ASTARTÉ
Association Transméditerranéenne
Association Transméditerranéenne
Trans-Mediterranean Association



UNDER THE AUSPICES



<https://bit.ly/2WqydOM>

ASTARTE INVITATION LETTER

Dear colleagues and friends,

We are glad to invite you to **“The 8th Breast Health Days in the Mediterranean. A just multidisciplinary approach”** organized jointly by **Astarte, Oncology Department and Breast Imaging Department of MITERA Hospital**. The main goal of the Conference is to facilitate the interaction and mutually exchange ideas about screening, early diagnosis and treatment of breast cancer. Astarte is based on the principle of multidisciplinary interaction and communication with patients and the society between the various countries of the Mediterranean Region. The same principles will be the foundation of the meeting which will be held in Athens at “N. Louros” Conference Center, MITERA Hospital in the **13th and 14th of September 2019** with free attendance and spontaneous translation.

This is an exciting time for breast cancer, with accelerating progress in imaging, local therapy and systemic therapy. The advances in technology have transformed breast imaging as a highly demanding principle of early diagnosis and follow up care. Individualization is more than an intellectual exercise; it represents the basis for precision diagnosis and decision making in our care. Precision Medicine and molecular characterization of cancer have established the principle that breast cancer represents a mixture of different biologic entities with a wide variety of underlying biologies, with distinct clinical course, treatment and response to therapy. The challenge of developing an individualized treatment plan for each patient is part of daily care. The developing options for targeted biologic therapies and the development of resistance through subclonal evolution make breast cancer therapy a field undergoing rapid evolution.

The exciting transition of our time and the developing challenges will be detailed in the conference and the messages will be conveyed from the multidisciplinary team of our countries to the public. The importance of the opportunities for our patients and the challenge to our societies to offer high standard diagnosis and management of breast cancer will be discussed and debated. There are great expectations in the society to transform cancer into a chronic disease. There is a demand to eliminate the stigma and this will be the leading force of the conference. Finally, spreading the news to the public and involving the people along with the health care specialists will be a message at the conclusion of the 8th Breast Health Days.

We anticipate a great meeting and we are looking forward to welcome you in Athens!

Athanasiadis Ilias

Medical Oncologist,
Director of Oncologic Clinic MITERA Hospital,
Assistant Professor of Oncology
Northwestern University, H.Π.A.

Athanasίου Alexandra

Radiologist,
Chief of Breast Imaging Department,
MITERA Hospital



10.00 – 10.30

Registration

10.30 – 10.40

Opening Remarks

Rhadi Hamza, Véronique Bouté, Alexandra Athanasiou, Ilias Athanasiadis

10.40 – 12.00

Session 1: Ethical issues in diagnosis and management of breast cancer

Chairs: **Safi Ali Yasser, Ilias Athanasiadis**

10.40 – 11.00

Ethical issues of breast cancer management

Anas A. Chebib, Michel Daher

11.00 – 11.20

Psychological issues of breast cancer management

Véronique Bouté

11.20 – 11.40

How to convey information to public

Michel Daher, Anas A. Chebib

11.40 – 12.00

Discussion

12.00 – 12.30

Coffee Break

12.30 – 14.30

Session 2: Imaging issues in screening of breast cancer

Chairs: **Christina Tsionou, Spiros Lazarou, David Attalah**

12.30 – 12.50

Personalized screening: The right imaging for the right patient at the right time

Isabelle Doutriaux

12.50 – 13.10

Tailoring breast cancer screening by breast density and risk factors

Pia Akl

13.10 – 13.30

Tomosynthesis in breast screening: Practical issues

Jocelyne Chopier

13.30 – 13.50

High risk screening

Isabelle Doutriaux

13.50 – 14.10

How to avoid a diagnostic underestimation? Breast surgeon/radiologist interactive role

Eleni Faliakou, Stamatias Merkouris

14.10 – 14.30

Discussion

14.30 – 15.00

Lunch Break



15.00 – 16.30

Session 3: Clinical utility of breast MRI

Chairs: **Alexandra Athanasiou, Isabelle Doutriaux, Joseph Stines**

15.00 – 15.20

Breast MRI: Is it the solution to every problem?
Pia Akl

15.20 – 15.40

Pre-operative breast MRI: How to use?
Arkadios Roussakis

15.40 – 16.00

Abbreviated breast MRI
Eva Panourgia

16.00 – 16.20

Evaluating response to treatment
Jocelyne Chopier

16.20 – 16.30

Discussion

16.30 – 17.00

Coffee Break

17.00 – 19.30

Session 4: Optimal surgical and oncological management: Efficacy of teamwork management

Chairs: **Hamida Guendouz, Ilias Athanasiadis**

17.00 – 17.20

Teamwork management in breast cancer patients: Breast surgeon/ radiologist interactive role
Séverine Alran, Alexandra Athanasiou

17.20 – 17.40

Neoadjuvant therapy in breast cancer: Closing the barn door before the horse runs off?
Ilias Athanasiadis

17.40 – 18.00

One-day surgery in dedicated breast cancer centers: Lessons to learn from a pilot center
Séverine Alran

18.00 – 18.20

State of the art in the axillary staging in breast cancer: Old wines in new bottles?
David Attalah

18.20 – 18.40

Genetic consultation in breast cancer patients
Lina Florentin

18.40 – 19.00

Prophylactic (risk reduction) mastectomy in BRCA mutation carriers: Opinion of oncologist, plastic surgeon and genetic counselor
Dimitris Mastorakos, David Attalah, Manolis Saloustros

19.00 – 19.30

Discussion

19.30

Dinner



09.00 – 10.30

Session 5: Breast cancer screening in Mediterranean area: Inter-countries experience

Chairs: **Athina Vourtsis, Véronique Bouté**

09.00 – 09.15

Breast cancer screening in Algeria

Hamida Guendouz

09.15 – 09.30

Lebanese breast cancer screening campaign: Too little done too late

Assaad Mohanna

09.30 – 09.45

Breast cancer screening in France

Isabelle Doutriaux

09.45 – 10.00

Towards a screening campaign strategy in Syria: Do we have to cross the bridge before coming to it?

Safi Ali Yasser

10.00 – 10.15

Breast cancer screening in Greece

Athina Vourtsis

10.15 – 10.30

Discussion

10.30 – 11.00

Coffee Break

11.00 – 12.30

Session 6: Focus on prevention and access to care

Chairs: **Alexandra Athanasiou, Ioannis Boukovinas, Joseph Stines**

11.00 – 11.20

BRCAness: Who should be screened?

Manolis Saloustros

11.20 – 11.40

Genetic mutations in the Mediterranean: What are the therapeutic impacts

Florentia Fostira

11.40 – 12.00

Quality control in mammography, tomosynthesis and MRI

Laurent Verzeau

12.00 – 12.30

Open discussion: Access to care in Greece, France and across the Mediterranean

Ioannis Boukovinas



12.30 – 14.00

Session 7: Metastatic breast cancer

Chairs: **Paris Kosmidis, Ilias Athanasiadis**

12.30 – 12.50

The major changes in the systemic therapy of hormone sensitive metastatic breast cancer with CDK inhibitors

Adamantia Nikolaidi

12.50 – 13.10

State of the art in the systemic therapy of her2 positive metastatic breast cancer

George Rigakos

13.10 – 13.30

The introduction of immunotherapy in triple negative breast cancer. Expectations and clinical research

Flora Stavrides

13.30 – 13.50

Targeting of PIK3CA in metastatic breast cancer

George Lypas

13.50 – 14.00

Discussion

14:00 – 15:00

Lunch Break

15.00 – 16.40

Session 8: Round Table: The world moves, health information too!

Chairs: **Michel Daher, Anas A. Chebib, Assaad Mohanna**

15.00 – 15.20

Numerical revolution: New ways of information by internet and international patient network

Severine Alran

15.20 – 15.40

Dr. Google: Medical news and medical articles – media and internet

Sofia Kolokotroni

15.40 – 16.40

Discussion

Patient associations: **Alma Zois, K.E.F.I.**

Scientific association: **Women for Oncology**

French association of patients: **Accolas Re'seau de Patients**

Laure Guérault

16.40 – 17.10

Session 9: Round Table: Take home messages

Severine Alran, Hamida Guendouz, Alexandra Athanasiou, David Attalah, Ilias Athanasiadis



FACULTY

Pia Akl

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